



INVERTED NIPPLE REPAIR INSTRUCTIONS

PRE-OPERATIVE INSTRUCTIONS

1. Bring any other medications the doctor has prescribed for surgery with you to the office.
2. Do not eat the morning of surgery or six hours before.
3. You may drink clear liquids before your procedure.
4. If you will be taking medications that may sedate you and will need to arrange for someone to drive you home following the procedure.

POST-OPERATIVE INSTRUCTIONS

1. Do not wear a bra or compression over surgical site until your follow up visit with the doctor.
2. Keep all dressings intact until removed in the office. Once the dressings are removed, apply Bacitracin for 3 days and a dressing (Telfa/Gauze).
3. After the dressings have been removed, you may take a shower but no bath.
4. Finish oral antibiotics as prescribed.
5. For mild pain, you may take Extra strength Tylenol every 8 hours or as needed. If you experience severe pain, call our office.
6. You can return to work the following day, resuming normal activities. No strenuous exercises for 3 weeks. No heavy lifting for 3 weeks (nothing greater than 20 lbs.)
7. Return to this office as instructed after your procedure for a follow up appointment with the doctor.